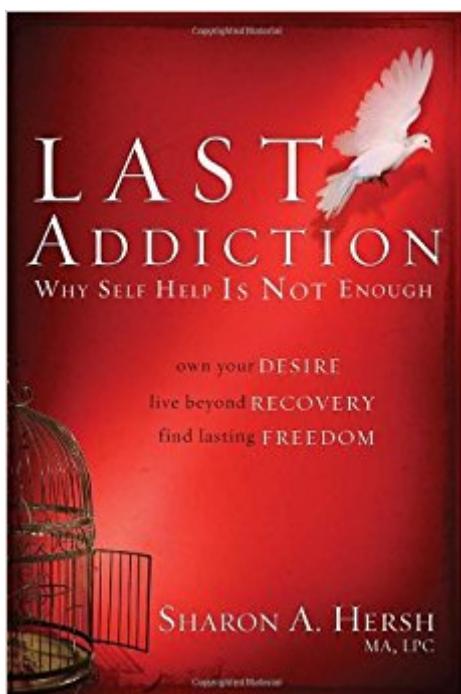


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The Last Addiction: Own Your Desire, Live Beyond Recovery, Find Lasting Freedom



Synopsis

In an age of tell-all addiction memoirs and reality television programs, we gulp down the stories of others in the hope that we, too, can be overcomersâ “even as we continue to love a person, substance, activity, or ideology too much. As Sharon Hersh writes, âœWe all suffer from the same condition.â • In *The Last Addiction*, she explores why we are prone to addictionâ “to make one thing in our lives more central than it should beâ “and how we can break free of our compulsions. This is not a book of âœself-helpâ • answers or âœhow-toâ • steps. It is a book about falling down and getting up again, about realizing that we need more than ourselves to be saved. The truth is, weâ™re not as bad as we think we areâ “and we are worse than we ever dreamed. When we live between those two realities, we are ready to let go of the last idol: the belief that we can save ourselves. *The Last Addiction* invites you to see your own story more clearly as you better understand your longing for intimacy. It invites you to love boldly and receive love in return. It invites you to the freedom of redemption.

Book Information

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Customer Reviews

"The absolute best book I've read on addiction."â “Beth Moore, best-selling author and Bible teacherâœThere is a different life beyond addiction. Read this brilliantly crafted, true book. Then, read it again. Thereâ™s hope in these pages. A new life, a better life. Take it.â •â “Dr. Gregory L. Jantz, Ph.D., C.E.D.S., founder of The Center for Counseling and Health Resources, Inc. (www.aplaceofhope.com), and author of 16 booksâœSharon Hersh is a brilliant artist of the heart

whose broken story radiates with the mystery of relentless, down and dirty, truth-filled love. It is scandalous to claim, as Sharon does, that an addiction bears a gift for the addict and for all those who care for him. If it is true, and it is, then shame is not our final covering, nor is sorrow our only friend. If you know you struggle with gods that are not your creator, but have created madness, loneliness, and heartache, then the journey of *The Last Addiction* will bring you face to face with the One whose transforming love is our deepest desire. • “Dan B. Allender, Ph.D., president and professor of counseling, Mars Hill Graduate School, author of *Leading with a Limp* and *To Be Told* • A must-read for anyone who wants to go beyond addiction into the heart and soul of recovery. • “William Cope Moyers, author of *Broken: My Story of Addiction and Redemption* • I love this book because Sharon reveals the most beautiful truth: We’re all addicts. And we all have Hope. • “Peter Hiett, pastor and author

Sharon Hersh is a licensed professional counselor and the director of Women’s Recovery & Renewal, a ministry of counseling, retreat, and support services for struggling women. She is an adjunct professor in Addictions Counseling at Reformed Theological Seminary, Mars Hills Graduate School, and Colorado Christian University. She is the author of several books, including *Bravehearts*, Mom, I Feel Fat! • Mom, I Hate My Life! • and Mom, Sex Is No Big Deal! • She is a sought-after speaker for conferences and retreats. Sharon lives with her family in Lone Tree, Colorado.

I have read many books on addiction recovery, and this is one of the best. Hersh lived through her stories, and recounts them forthrightly and honestly (including wanting to drink her own urine!). The reader meets several of her patients as well (she is a counselor), and although she relies heavily on her spiritual foundation for her own life’s successes, she is not heavy-handed in her expressions of faith. Definitely recommended -- and although it is a fast-paced, easy-reading book, I would recommend one takes the time to digest and think about each section before moving on.

Highly recommend this book for its honest approach to dealing with people who are struggling with addition and those who love them. This book made me feel much more compassion toward those going through addition which, according to the author, is pretty much all of us. The author doesn’t offer any easy quick solutions to addiction but instead encourages to simply walk along side those in addiction. This book is not a one time read; I’m already reading it for a second time.

I have read many books concerning addiction, including AA's Big Book. This book far out shines them all. The author who is herself a recovering alcoholic and professional therapist uses examples from her own life, and clients to bring clarity to the tragic world of addiction. There is so much valuable information in her book that I'm reading it for a second time. I highly recommend this book, to those suffering with addiction, those hurt by others addictions and those seeking answers for the emptiness that is inside.

The author is a master at getting her point across to readers in a very sensitive way. She brings realism into her books by sharing true stories of real women. This is a book that will be read over and over - at least parts of it. It is also a great book for stopping at different points and then journaling about how her writings relate to the reader's own life. Very fulfilling.

From the pits of this world to the glories of belonging to Him, Sharon Hersh vividly & passionately describes the pain & despair of trying to find peace & fulfillment through self-effort & the methods of the world. God loves us DESPERATELY, and only as we surrender & depend continually on His unfathomable Love will we be free from the Last Addiction - trying to ease our pain & find what we're looking for apart from Him.

As an addict to many things, among them, people pleasing, I have read this book no less than 5 times. It has been a source of inspiration & encouragement to me in my road to recovery. I have recommended to so many friends dealing with issues & even bought my son, who battles alcoholism, his own copy.

Addiction is becoming more and more a major problem in our society. As a Pastor of a non-denomination Protestant Christian church I come across folks who are struggling with various types of addictions (or compulsive behaviors). Sharon provides insights that are very valuable and thought provoking - especially from a macro view of the issue.

Couldn't put it down. It read really well, and opened my eyes to faith in addiction. I highly recommend this book for anyone who is going through an addiction, or for any family member who needs strength, hope, and love.

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Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any

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